

## Program Hours

**Monday, Wednesday, & Friday**

9:00 AM—6:00 PM

**Tuesday & Thursday**

11:00 AM— 8:00 PM

## Our Goals

- Enhance client access to SUD treatment and the client experience of care (including quality, cultural responsiveness, engagement and satisfaction)
- Provide high quality of care to improve the overall health and wellness of SUD clients
- Recovery, self-sufficiency and improvement on life
- Develop cognitive and behavioral coping skills to prevent relapse
- Adopt a voluntarily-maintained lifestyle characterized by sobriety, personal health, and personal growth

## Union City Outpatient Services

For more information  
please contact us:

Phone: (510) 474-7414



**33440 Alvarado Niles Road  
Union City, CA 94548  
[www.healthright360.org](http://www.healthright360.org)**

Office is located in Central Plaza

Cross streets:

Alvarado Niles Rd and Central



**ASIAN AMERICAN  
RECOVERY SERVICES**  
A PROGRAM OF HEALTHRIGHT 360

## Union City Outpatient Services



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RECOVERY SERVICES**  
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## About Us

AARS/HealthRIGHT 360's Union City Outpatient Program services Adults challenged with a substance use disorder (SUD), with a specialty in working with Transitional Aged Youth (18 – 25 years) and with Asian & Pacific Islander populations. We do this by providing therapeutic services which utilize evidence-based practices, so that the therapeutic environment and the counseling interventions are appropriate and effective for the needs of the people in each program. Services are non-medical and therapy-based, employing both individual and group-based models of care. We offer culturally tailored community-building activities that motivate the populations we serve to be resilient and healthy. Clients receive individualized, client-centered and culturally relevant treatment and case management.

## Our Services

- Intake and assessment
- Treatment planning
- Individual therapy and group counseling
- Family therapy
- Education
- Process and psycho-education groups
- Relapse prevention
- Pro social activities
- Care coordination
- Case management
- Crisis intervention
- Discharge planning
- And continuing care/recovery services

## Additional Information

This program is made possible with funding from County of Alameda Health Care Services Agency - Department of Behavioral Health Care Services.

Referrals can be made by calling our offices at (510) 474-7414 or calling the Alameda County SUD Helpline at (844) 682-7215.

## Eligibility

AARS/HR360 can serve individuals who:

- Are Alameda County residents
- Are 18 years of age or older
- Meet diagnostic criteria for SUD treatment per the Diagnostic and Statistical Manual (DSM) and criteria for ASAM LOC 1.0 or 2.1;1
- Have Alameda County Medi-Cal and/or have no other payor source.

